



# UNDER THE PATRONAGE OF















## WELCOME

The President, the Scientific Committee and the organizing agency welcome you in Milan at "Breaking through in IBD". This meeting has been organized to go through and discuss together about the main issues that still represent a matter of debate in IBD. Indeed, these topics are still many, since IBDs are very complex diseases representing an everyday challenge due to many diagnostic and therapeutic issues that IBD doctors have to face. The meeting will be organized in 5 major sessions, each one devoted to specific aspects of the diseases; four of them, besides specific lectures, will also contain breakout sessions focusing on representative cases of complex IBD. These sessions will give to all participants a chance to discuss very practical issues in a very interactive relationship with tutors. Besides the scientific part of the meeting, we believe that you will also enjoy the very lively character of Milan, which is usually cold and foggy at this time of the year, but still maintains its flavor of international and active city.

## **PRESIDENT**

Maurizio Vecchi, M.D.

Professor of Gastroenterology, University of Milan Director, Gastroenterology and Gastrointestinal Endoscopy Unit IRCCS Policlinico San Donato Milanese, Milan - Italy

## SCIENTIFIC COMMITTEE

University of Milan, IRCCS Policlinico San Donato Milanese, Milan - Italy

Maria Laura Annunziata Flaminia Cavallaro Luca Pastorelli Luisa Spina Gian Eugenio Tontini

## MAIN TOPICS

Issues in Diagnosis: RMI, endoscopic scores, new colonoscopy techniques

**Traditional therapies:** how to get the best from them **Tight control of the IBD patient:** What do we need?

Quality of life, fatigue, anemia What is next in therapy?

## **FACILITY**

Vito Annese (Firenze)

Maria Laura Annunziata (S. Donato Milanese)

Sandro Ardizzone (Milano)

Alessandro Armuzzi (Roma)

Livia Biancone (Roma)

Emma Calabrese (Roma)

Flavio Andrea Caprioli (Milano)

Fabiana Castiglione (Napoli)

Flaminia Cavallaro (S. Donato Milanese)

Yeohuda Chowers (Haifa - Israele)

Michele Comberlato (Bolzano)

Claudio Camillo Cortelezzi (Varese)

Mario Cottone (Palermo)

Renata D'Incà (Padova)

Marco Daperno (Torino)

Roberto de Franchis (Milano)

Antonio Di Sabatino (Pavia)

Massimo Fantini (Roma)

Carla Felice (Londra - Gran Bretagna)

Giuseppe Frieri (L'Aquila)

Paolo Gionchetti (Bologna)

Luisa Guidi (Roma)

Marietta lacucci (Birmingham - Gran Bretagna)

Peter Lakatos (Budapest - Ungheria)

Giovanni Egidio Maconi (Milano)

Gianmichele Meucci (Milano)

Giovanni Monteleone (Roma)

Helmut Neumann (Mainz - Germania)

Ambrogio Orlando (Palermo)

Claudio Papi (Roma)

Luca Pastorelli (S. Donato Milanese)

Walter Reinisch (Vienna - Austria)

Chiara Ricci (Brescia)

Fernando Rizzello (Bologna)

Simone Saibeni (Milano)

Carmelo Scarpignato (Parma)

Luisa Spina (S. Donato Milanese)

Giacomo Carlo Sturniolo (Padova)

Gian Eugenio Tontini (S. Donato Milanese)

Maurizio Vecchi (S. Donato Milanese)

Chiara Vigano' (Monza)

Vincenzo Villanacci (Brescia)

Giorgio Zoli (Ferrara)



## **PRNGRAM** FRIDAY, NOVEMBER 25™

10.30-10.50 Registrations 10.50-11.00 Introduction M. Vecchi

PLENARY ROOM SESSION 1

#### MESALAZINE AND STEROIDS AT THEIR BEST

Chairmen: D'Incà. G. Frieri

Lecture

11.00-11.30 The use of mesalazine and traditional steroids: do's and don'ts

G. Meucci

CHALLENGING CASES WORKSHOP

11.30-11.45 CASE 1

CASE 2 11.45-12.00

Group A

Tutors: R. D'Incà, G. Frieri

Group B

Tutors: C. Papi, L. Spina

**GROUP C** 

Tutors: G. Meucci. C. Ricci

12.00-12.15 Discussion **PLENARY ROOM** 

**BREAKOUT ROOM A** 

**BREAKOUT ROOM B** 

Lectures

12.15-12.35 Low bioavailability steroids

C. Papi

12.35-12.55 Can we use oral generic mesalazines?

C. Scarpignato

12.55-13.10 Discussion

13.10-14.00 Lunch break

## PROGRAM Friday, November 25™

16.35-17.00

Coffee break

SESSION 2 PLENARY ROOM

#### DIAGNOSTIC CHALLENGES IN IBD

Chairmen: R. de Franchis, M. Daperno

onan men. n. de i	ranems, M. Baperno	
14.00-14.30	Lecture What is my diagnostic work-up in patients with suspected IBD: Clin, Lab, Image, Endo, Histo reloaded M. Cottone	
	CHALLENGING CASES WORKSHOP	
14.30-14.45	CASE 3	
14.45-15.00	CASE 4	
	<b>Group A</b> <i>Tutors: R. de Franchis, E. Calabrese</i>	BREAKOUT ROOM A
	Group B Tutors: M. Daperno, G. E. Maconi	BREAKOUT ROOM B
	Group C Tutors: M. Cottone, G.E. Tontini	BREAKOUT ROOM C
15.00-15.15	Discussion	PLENARY ROOM
15.15-15.35	Lectures The best of endoscopy for IBD in 2016 M. lacucci	
15.35-15.55	The future of endoscopy in IBD <i>H. Neumann</i>	
15.55-16.15	Do we still need the pathologist? <i>V. Villanacci</i>	
16.15-16.35	Discussion	

## PROGRAM Friday, November 25™

SESSION 3 PLENARY ROOM

#### HOT TOPICS IN THE MANAGEMENT OF IBD PATIENTS

Chairmen: G. Monteleone, A. Di Sabatino

17.00-17.25	The need of systemic and multi-disciplinary approach in IMiD <i>F. Rizzello Discussants: G. Monteleone, A. Di Sabatino</i>
17.25-17.50	The patient with SPA and IBD: algorithms of diagnosis and therapy A. Orlando Discussants: C. Felice, M. Comberlato
17.50-18.15	Fatigue, anemia and other life-limiting factors in IBD: how to deal with them?  W. Reinisch  Discussants: S. Saibeni, G. Zoli
18.15-18.40	Microbiota and IBD: how effective can we be? P. Gionchetti Discussant: L. Guidi, F. Cavallaro
18.40-19.05	What is next in IBD therapy G. Monteleone Discussants: M. Fantini, F. A. Caprioli

Each speaker will reserve 5 minutes for the discussion

## **PROGRAM** Saturday, November 26™

SESSION 4 PLENARY ROOM

#### **TIGHT CONTROL IN IBD - 1**

Chairmen: G.C. Sturniolo, F. Castiglione

Coffee break

11.10-11.30

Chairmen: G.C. Sturniolo, F. Castiglione				
09.00-09.30	ecture herapeutic goals in ulcerative colitis: how ambitious should we be? Rizzello			
	CHALLENGING CASES WORKSHOP			
09.30-09.45	CASE 5			
09.45-10.00	CASE 6			
	<b>Group A</b> Tutors: F. Castiglione, F. A. Caprioli	BREAKOUT ROOM A		
	Group B Tutors: F. Rizzello, C.C. Cortelezzi	BREAKOUT ROOM B		
	Group C Tutors: G.C. Sturniolo, L. Pastorelli	BREAKOUT ROOM C		
10.00-10.15	Discussion	PLENARY ROOM		
Lectures 10.15-10.35 Originators and biosimilars: naive, switch or what?  V. Annese, P. Lakatos		vhat?		
10.35-10.55	Vedolizumab: the first six months in Italy <i>M. Daperno</i>	· · · · · · · · · · · · · · · · · · ·		
10.55-11.10	Discussion			

# PROGRAM Saturday, November 26™

SESSION 5 PLENARY ROOM

#### **TIGHT CONTROL IN IBD - 2**

Chairmen: L. Biancone, P. Gionchetti

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11.30-12.00	<b>Lectures</b> What does tight control mean in CD and how I try to reach it A. Armuzzi	
12.00-12.30	Drug Level Monitoring In The Management of IBD patients: facts or fantasies?  Y. Chowers	
	CHALLENGING CASES WORKSHOP	
12.30-12.45	CASE 7	
12.45-13.00	CASE 8	
	Group A Tutors: A. Armuzzi, M. L. Annunziata  BREAKOUT ROOM A	
	Group B Tutors: P. Gionchetti, A. Orlando	
	Group C Tutors: L. Biancone, C. Viganò	
13.00-13.15	Discussion PLENARY ROOM	
13.15-13.35	When is surgery the response? S. Ardizzone	
13.35-13.40	Discussion	
13.40-13.45	Conclusions and ECM procedures	
13.45-14.15	Lunch break	

## **GENERAL INFORMATION**

## **CONGRESS VENUE**

#### Grand Visconti Palace Hotel

Viale Isonzo, 14 - 20135 Milano - Italy

### ORGANIZING SECRETARIAT



#### PLS Educational Srl

Via della Mattonaia 17 - 50121 Firenze - Tel: 055 24621 / 055 2462275 Email: sabina.gambacciani@promoleader.com

## SECRETARIAT ON-SITE OPENING HOURS

Friday 25 November 2016 09,00-18,30 Saturday 26 November 2016 07,30-14,00

## REGISTRATIONS

In order to register at the congress it is necessary to fill in the registration form and send it to the Organizing Secretariat no later then November 14<sup>th</sup> by fax or mail.

#### Registration is free of charge up to 150 delegates and includes:

- Access to coffee breaks and light lunches
- Congress badge and congress materials
- Access to the exhibition area

## OFFICIAL LANGUAGE

The language of the Congress is Italian and English depending on speaker nationality. Slides and power point presentations are in English only. Knowledge and understanding of English language is a necessary requirement, no simultaneous translation is provided.

## SPEAKERS SLIDE CENTER

The speakers slide center is located in the plenary room. Power point presentations must be delivered to the speakers slide center at least 2 hours before the session starts.

Personal computers in the session rooms will not be accepted.

In case of presentation on MacIntosh, please advice the secretariat on due time.

#### Speakers Slide Center opening hours:

Friday 25 November 2016 09,00-17,00 Saturday 26 November 2016 07,30-12,30

## GENERAL INFORMATION

## **EXHIBITION AREA**

The permanent exhibition area is in the Giardino d'Inverno of the hotel where will be also served the coffee breaks and the working lunch.

### **BADGE**

- Faculty
- Delegate
- Delegate attending workshop in meeting room (Porta Ticinese A)
- Delegate attending workshop in meeting room B (Porta Ticinese B)
- Delegate attending workshop in meeting room C (Porta Vittoria)
- Exhibitor
- Staff

## **CME**

The event, is accredited for the following professional figures: Physicians specialized in General Surgery, Gastroenterology, Internal Medicine and General Medicine (MMG) by means of the ministry of health continuing education program through provider ID 3516 – PLS Educational Srl. In order to earn CME credits (for Italian MD only) it is required to participate to the 100% of the educational event (attendance will be verified through the daily attendance sheet) and successfully complete the evaluation form which will be provided.

### **SOCIAL DINNER**

Social dinner will be held on Friday, November  $25^{th}$  at 8.30pm in downtown restaurant at the rate of Euro 70.00 per person (VAT included); please register to the dinner by using the registration form.



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